

# A Course on Presenting a Speech with Polish



## Course Objective

- ❑ To equip the individual with the important foundation skills for Public Speaking and Presentation
- ❑ To assist the individual in the use and application of public speaking and presentation skills in everyday situations and during important formal occasions
- ❑ To develop the individual's self-confidence before any type of audience
- ❑ To encourage the individual to speak effectively
- ❑ To give each individual the opportunity to make individual and group presentations before an audience.

## Course Content

### Voice Work

- ⊗ Modulation, articulation and vocal projection
- ⊗ The importance of the use of Standard English pronunciation

### Body work and movement

- ⊗ Facial expression, body language and gestures

### Speech Etiquette & Stage Platform Skills

- ⊗ Conducting yourself in front of an audience
- ⊗ Listening skills
- ⊗ Engaging yourself in conversations

### Overcoming Stage Fright

- ⊗ Understanding and managing your fear

### Sight Reading Skills

- 🌀 Delivery of poetry, prose and script
- 🌀 Correcting mistakes
- 🌀 Appreciation for literature, the written and spoken word

### Writing Effective Speeches

- 🌀 Exploring different styles to suit different occasions
- 🌀 Examples of effective speakers

### Thinking on your feet

- 🌀 The extemporaneous presentation

### Visual Aids

- 🌀 Working effectively with different types of visual aids

### Team Presentation

- 🌀 Group dynamics

### Solo Presentation

- 🌀 Putting it all together
- 🌀 Aiming for perfection

**All activities and exercises have been designed to engage and challenge the participants.**

### Instructors

Periwinkle Communications' instructors are all experienced, dedicated and highly qualified with the necessary qualifications to teach public speaking.